

## Hospice Care Plans

### Before You Start

Hospice Tools Mobile Apps are Fully Functional.

Get the Mobile Apps Here: <https://www.hospicetools.com/hospice-tools-apps/>

Check out our Video Library Here: <https://www.hospicetools.com/demo/>

## Starting A New Care Plan

There are a few ways to start a new care plan.

### From the Dashboard

Click **NEW DOCUMENT**. Select **CARE PLAN** from the flex forms library. Click **CREATE EDOC**

### From Inside A Patient's Chart:

A. Click **NEW DOCUMENT**. Select **CARE PLAN** from the flex forms library. Click **CREATE EDOC**

B. Click on the tab **PLAN OF CARE** and click **Start New Care Plan**.

# New Care Plan Section 1 - Problem Being Cared For


Once you open a new care plan, this is the 1<sup>st</sup> section you will see.

Form: CARE PLAN  
Patient: HOBBS, CALVIN (MR# 13134)  
G20 (PARKINSON'S DISEASE)

## Care Plan

Problem Being Care  
Planned:

Goals:

 Suggestions

Next

You will be able to add updates after completing the Care Plan information.

# New Care Plan Section 1 - Problem Being Cared For

Form: CARE PLAN  
Patient: HOBBS, CALVIN (MR#  
13134)  
G20 (PARKINSON'S DISEASE)

## Care Plan

Problem Being Care  
Planned:

Goals:

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- Social Work
- Impaired Individual Coping
- Anticipatory Grief
- Impaired Family Coping
- Psychosocial Well-Being
- Nurse
- Depression
- Intracranial Pressure
- Dysphagia
- Hypercalcemia
- Pain
- Edema/Lymphedema
- N/A
- Personality Changes
- Impaired Communication
- Patient Family Conflict
- Spiritual Distress
- Spiritual
- Patient Denied Accurate or Complete Information
- Impaired Individual Coping
- Anticipatory Grief
- Spiritual Needs
- Hopelessness
- Impaired Family Coping

1. Start typing the problem you are planning for and a library of problems will pop up and you can select the appropriate problem.

You will be able to add updates after completing the Care Plan information.

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2. Suggestions are listed & sorted by discipline: Nurse, Social Worker, Chaplain.  
Make sure to select the problem appropriate for your discipline.

# New Care Plan Section 1 - Problem Being Cared For

Form: CARE PLAN  
Patient: HOBBS, CALVIN (MR# 13134)  
G20 (PARKINSON'S DISEASE)

## Care Plan

Problem Being Care Planned: Pain

Goals:

Suggestions

Next

### Suggested Goals

Select suggestions to add

Problem Type: Pain

- Patient will report that pain is reduced to the level personally desired: \_\_\_\_ on a scale of 1-10
- Patient's quality of life will be at an optimal level.
- Patient's family will verbalize understanding and comfort with patient's pain management plan and will verbalize confidence in providing pain interventions.

Add

Cancel

1. Once Problem is selected, click **SUGGESTIONS** for a list of suggested Goals. Select the relevant suggestions & Click **ADD**.
2. When the suggestions have been added, they are editable, and you may add your own as well with free text.

You will be able to add updates after completing the Care Plan information.

3. When you are satisfied with the goals, click **NEXT** to open the next section of the Care Plan

# New Care Plan Section 2 - Observations, Severity, Interventions

After completing the Problem section & clicking NEXT, this is the section you will see.

View Finished Form More ▾ ✕

Form: CARE PLAN  
Patient: [HOBBES, CALVIN \(MR# 13134\)](#)  
G20 (PARKINSON'S DISEASE)

### Care Plan

Problem Being Care Planned: Pain

Goals: Patient will report that pain is reduced to the level personally desired: 4 on a scale of 1-10  
Patient's quality of life will be at an optimal level.  
Patient's family will verbalize understanding and comfort with patient's pain management plan and will verbalize confidence in providing pain interventions.

EDIT SUGGESTIONS / TYPE IN ADDITIONAL AS NEEDED

Edit

#### New Update

Observations / Occurrences Related to the Problem:

Severity score of problem:

Interventions / outcomes:

+ Suggestions

Date:

Save & Submit Save & Close Cancel

# New Care Plan Section 2 - Observations, Severity, Interventions

View Finished Form More

Suggested Interventions  
Select suggestions to add

Form: CARE PLAN  
Patient: HOBBS, CALVIN (MR# 13134)  
G20 (PARKINSON'S DISEASE)

## Care Plan

Problem Being Care Planned: Pain

Goals: Patient will report that pain is reduced to the level personally desired: 4 on a scale of 1-10  
Patient's quality of life will be at an optimal level.  
Patient's family will verbalize understanding and comfort with patient's pain management plan and will verbalize confidence in providing pain interventions.

EDIT SUGGESTIONS / TYPE IN ADDITIONAL AS NEEDED

Edit

Problem Type: Pain

- Assess and classify patient's pain according to its source: Bone/somatic, Visceral, Neuropathic
- Follow the WHO analgesic ladder to initiate pharmacologic interventions: Mild pain – non-opioids and adjuvants, Moderate pain – weak opioids, non-opioids, and adjuvants, Severe pain – strong opioids, non-opioids, and adjuvants, Adjuvant therapy may include: anti-depressants, anti-convulsants, steroids, anti-spasmodics, muscle relaxants, etc.
- When narcotic pain medications are initiated, start laxatives and stool softeners at the same time and titrate as needed for soft, formed, easily passed BM's at least every 3 days.
- Administer pain medications in the simplest form and schedule as possible. Oral route is preferred.
- Ensure breakthrough pain medication is available.
- Perform a thorough pain assessment with every nursing visit to determine if pain management is meeting patient's desired goal.
- Assess pain rating on a scale of 1-10 with every visit. Notify Case Manager if pain is greater than \_\_\_\_\_.
- Instruct patient and family on the causes of pain and changing nature of pain in terminally ill patients.
- Instruct patient/family on use of the pain rating scale.
- Instruct patient and family on pain management regimen.
- Assess patient and family concerns related to the use of narcotic pain medications.
- Non-pharmaceutical pain management continued: Slow breathing, Progressive muscle relaxation, Soft lights, elimination of unpleasant odors, hanging wind chimes, Distraction with physical, social, and/or mental activities, Music therapy, Art therapy, Prayer, Physical presence of another, Visual imagery
- Provide patient education handout(s): Non-Drug Pain Relief: Cold Cloths, Non-Drug Pain Relief: Distraction with Humor, Non-Drug Pain Relief: Distraction with Music, Non-Drug Pain Relief: Frozen Gel Packs, Non-Drug Pain Relief: Heating Pad, Non-Drug Pain Relief: Hot Baths, Non-Drug Pain Relief: Hot Water Bottle, Non-Drug Pain Relief: Ice Bags, Non-Drug Pain Relief: Imagery, Non-Drug Pain Relief: Massage, Non-Drug Pain Relief: Moist Heat, Non-Drug Pain Relief: Relaxation and Breathing Exercises, Non-Drug Pain Relief: Relaxation with Tapes, Non-Drug Pain Relief: Vibration Massage, About Pain and Pain Control, Managing Cancer Pain, Patient Guide to Pain Control, Phantom Pain

## New Update

Observations / Occurrences Related to the Problem:

Long Form Narrative - Free Text Section

**1. Type in your narrative of observations & occurrences.**  
(In the mobile app you can dictate free text boxes with talk to text)

Severity score of problem:

3 - Severe

**2. Select the severity ranking from the drop-down menu**

Interventions / outcomes:

**3. Click Suggestions for a pop-up list of suggested interventions.**  
Anything you select is editable and you may add your own with free text.

Suggestions

**4. Add date/time. If complete, Sign & Submit. If not complete, Save & Close**

Date:

Save & Submit

Save & Close

Cancel

Add

Cancel

# Locate Unfinished Care Plan

If you saved & closed your care plan before completing (Signing & submitting) The unfinished document will be waiting for quick access on your dashboard.

## Dashboard

Jump to a Patient...



New Document



View Charts

### Unfinished Documents 11

CARE PLAN DOCUMENT UPDATE  
HOBBES, CALVIN  
Created: 8/28/2019

COMPREHENSIVE ASSESSMENT  
BELLAMY, SAMANTHA  
Created: 8/2/2019

DELETE

COMPREHENSIVE ASSESSMENT  
DRAKE, FRANCINE  
Created: 8/29/2019

DELETE

DISCONTINUE MEDICATION FORM  
BELLAMY, SAMANTHA  
Created: 8/15/2019

DELETE

# Complete Unfinished Care Plan

Click Edit. Complete the document, and then click SAVE & SUBMIT when finished

[View Finished Form](#) [More](#) ✕

Form: CARE PLAN  
Patient: HOBBS, CALVIN (MR# 13134)  
G20 (PARKINSON'S DISEASE)

### Care Plan

Problem Being Care Planned: Pain

Goals: Patient will report that pain is reduced to the level personally desired: 4 on a scale of 1-10  
Patient's quality of life will be at an optimal level.  
Patient's family will verbalize understanding and comfort with patient's pain management plan and will verbalize confidence in providing pain interventions.

EDIT SUGGESTIONS / TYPE IN ADDITIONAL AS NEEDED

[Edit](#)

### Updates

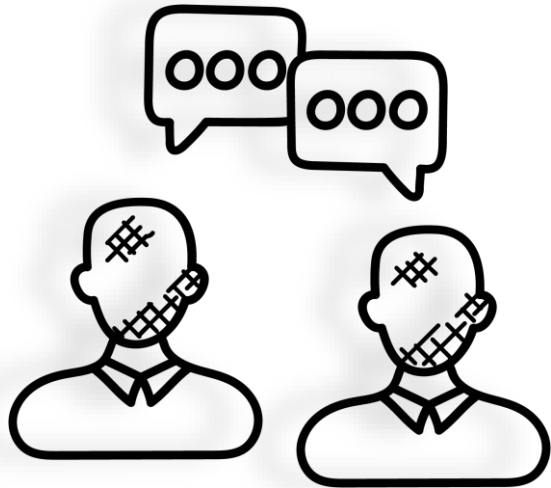
[+ New Update](#)

**Problem description:** Long Form Narrative - Free Text Section  
**Severity score:** 3  
**Interventions/outcomes:** When narcotic pain medications are initiated, start laxatives and stool softeners at the same time and titrate as needed for soft, formed, easily passed BM's at least every 3 days.  
Administer pain medications in the simplest form and schedule as possible. Oral route is preferred.  
Ensure breakthrough pain medication is available.  
Perform a thorough pain assessment with every nursing visit to determine if pain management is meeting patient's desired goal.  
Instruct patient and family on the causes of pain and changing nature of pain in terminally ill patients.  
Instruct patient/family on use of the pain rating scale.  
**Date:** 8/28/2019 2:35 PM  
**Signature:** DANIEL GOLDMEIER  
**Status:** Unfinished

[✎ Edit](#) [🗑 Delete](#)

[+ New Update](#) [● Discontinue](#)





**We want you to get the most out of Hospice Tools and we're here to help.**

**Call us at 1-833-EHR-Tools (347-8665)**

**Email us at [support@hospicetools.com](mailto:support@hospicetools.com)**

**Check out our website at [www.hospicetools.com](http://www.hospicetools.com)**